

NAME:		SEX:	F M	AGE:	
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**INSTRUCTION**

Place three circles of different colours in front of the child – plates with smiley faces drawn on them.



Then say:

***I have a task for you - I will show you various pictures of food. Please place on the 😊 plate the pictures of meals which are healthy and put pictures of the unhealthy meals on the 😞 plate. If you don't know whether a meal is healthy or unhealthy, you can place the picture on the 😐 plate. Let's begin.***

Show the pictures to the child, one by one, reminding them frequently that:

😊 – healthy food, 😐 – I don't know, 😞 – unhealthy food

Make an **X** on the plate indicated by the child.

1.	😊	😐	😞
2.	😊	😐	😞
3.	😊	😐	😞
4.	😊	😐	😞
5.	😊	😐	😞
6.	😊	😐	😞
7.	😊	😐	😞
8.	😊	😐	😞
9.	😊	😐	😞
10.	😊	😐	😞
11.	😊	😐	😞
12.	😊	😐	😞
13.	😊	😐	😞
14.	😊	😐	😞
15.	😊	😐	😞
16.	😊	😐	😞
17.	😊	😐	😞

18.	😊	😐	😞
19.	😊	😐	😞
20.	😊	😐	😞
21.	😊	😐	😞
22.	😊	😐	😞
23.	😊	😐	😞
24.	😊	😐	😞
25.	😊	😐	😞
26.	😊	😐	😞
27.	😊	😐	😞
28.	😊	😐	😞
29.	😊	😐	😞
30.	😊	😐	😞
31.	😊	😐	😞
32.	😊	😐	😞
33.	😊	😐	😞
34.	😊	😐	😞

35.	😊	😐	😞
36.	😊	😐	😞
37.	😊	😐	😞
38.	😊	😐	😞
39.	😊	😐	😞
40.	😊	😐	😞
41.	😊	😐	😞
42.	😊	😐	😞
43.	😊	😐	😞
44.	😊	😐	😞
45.	😊	😐	😞
46.	😊	😐	😞
47.	😊	😐	😞
48.	😊	😐	😞
49.	😊	😐	😞
50.	😊	😐	😞

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**INSTRUCTION**

Place three circles of different colours in front of the child – plates with smiley faces drawn on them.



Then say:

***I have a task for you - I will show you various pictures of food. Please place on the 😊 plate the pictures of meals which you eat very often, put pictures of the meals you eat only sometimes on the on the 😐 plate, and pictures of meals which you eat very rarely or never on the 😞 plate. Let's begin!***

Show the pictures to the child, one by one, reminding them frequently that:

😊 – very often, 😐 – sometimes, 😞 – rarely or never

Make an **X** on the plate indicated by the child.

1.	😊	😐	😞
2.	😊	😐	😞
3.	😊	😐	😞
4.	😊	😐	😞
5.	😊	😐	😞
6.	😊	😐	😞
7.	😊	😐	😞
8.	😊	😐	😞
9.	😊	😐	😞
10.	😊	😐	😞
11.	😊	😐	😞
12.	😊	😐	😞
13.	😊	😐	😞
14.	😊	😐	😞
15.	😊	😐	😞
16.	😊	😐	😞
17.	😊	😐	😞

18.	😊	😐	😞
19.	😊	😐	😞
20.	😊	😐	😞
21.	😊	😐	😞
22.	😊	😐	😞
23.	😊	😐	😞
24.	😊	😐	😞
25.	😊	😐	😞
26.	😊	😐	😞
27.	😊	😐	😞
28.	😊	😐	😞
29.	😊	😐	😞
30.	😊	😐	😞
31.	😊	😐	😞
32.	😊	😐	😞
33.	😊	😐	😞
34.	😊	😐	😞

35.	😊	😐	😞
36.	😊	😐	😞
37.	😊	😐	😞
38.	😊	😐	😞
39.	😊	😐	😞
40.	😊	😐	😞
41.	😊	😐	😞
42.	😊	😐	😞
43.	😊	😐	😞
44.	😊	😐	😞
45.	😊	😐	😞
46.	😊	😐	😞
47.	😊	😐	😞
48.	😊	😐	😞
49.	😊	😐	😞
50.	😊	😐	😞